
THE PROBLEM

America's soldiers complete an expensive and difficult training program to prepare them for war. The training changes them in lasting and profound ways that affect them the rest of their lives. They receive no training on how to return to a normal civilian life. This is compounded with the effects of Post Traumatic Stress Disorder (PTSD). Counseling has proven largely ineffective, VA treatment of PTSD has proven difficult to obtain and is largely ineffective. The effects on society are staggering.

Military personnel and Veterans are struggling to deal with:

- High Divorce Rates
- Numbing out
- Inability to Communicate
- Medical and Health Issues
- Hyper Alert
- Disturbing Dreams
- Anger Issues
- No Training for Real Life



Operation Freedom Home



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THE SOLUTION

There is an immense need for effective methods of dealing with the challenge of living life after the experiences of war. We offer several programs designed to train for real life in a safe environment to: Create Lasting Relationships, Recover from Experiences, and Find Purpose.

CONTACT

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THE PROGRAM

Through a series of group sessions, seminar experience, with coaching and support, we will provide the following tools:

- Training for Communication
- Training for Release
- Training for Relationships
- Integration Time in a Safe Environment
- Practical Tools to Create a Better Life

Two and a half day seminars and group exercises in conference settings. Individuals and couples may attend to be given basic and powerful implementation tools with follow up coaching and support.

The Activities include but may not be exclusive to:

- Experiential Learning-Hands On Communication Exercises
- And More...

THE RESULTS

- Practical & Applied Communication and Interpersonal Skills
- Healing from PTSD
- Better Marriage Relationships
- Lower Divorce Rates
- Improved Workplace Productivity

THE AFTER CARE

Participants will receive a monthly newsletter for effective reintegration. More information will be provided soon concerning After Care.

SPONSOR A HERO

Contact us if you are interested in sponsoring a soldier to attend the program or for more information on donating to Operation Freedom Home.